



Action
for ASD

ACTION FOR AUTISTIC SPECTRUM DISORDERS

Action for ASD Autism Awareness Month April 2021



Sibling Workshops

We will be running a series of short workshops aimed at helping siblings to understand autism, also to meet other children with similar experiences. These workshops will take place during the Easter Holidays on zoom.

Tuesday 6th April

- Ages 7-11 years will join a zoom group from 1-1.30pm, it will be a 30 min taster workshop
- Ages 12-16 years will join a zoom group from 2-2.45pm for 45 min. We will add more dates and times if we have extra demand.

NEW Parent Support Group

We are launching our new **parent/ carer support group** on the following dates.

- Saturday 17th April 7.30-8.30pm (3rd Saturday of the month)
- Tuesday 27th April 10.30-11.30am

Sleep Support Group

- We will discuss sleep hygiene, hints and tips and discuss sleep diaries Wednesday 28th April at 7.30pm

Celebrating Autism

We would love to celebrate the talent, ideas and creativity of our autistic community. We are asking for the children and young people to creatively show us, what autism means to them? Everyone who takes part will get a certificate.

CYP can take part by sending

- Drawings, writing, poetry, paintings, comics, gaming projects & accomplishments, blogs, Minecraft, their hobbies and interests.
- Our entry post will be published on Facebook on **Friday 2nd April** and will be up throughout April in celebration of Autism Awareness Month.

Thank you

To take part in any of the events please contact children@actionasd.org.uk or call 01282 415455



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Children's Service



Virtual Open Day 7th April

Throughout the day we will be sharing information on our Facebook group
www.facebook.com/groups/actionforasd

All our events will take place on zoom or in our Parent and Carers Children's Service Facebook group. *(if you are unable to access Facebook please email children@actionasd.org.uk for links and information)*

Wednesday 7th April 1pm-9pm

Introduction workshop and meet the team

1-2pm

This workshop is for new members who may need help to complete our registration forms or maybe you would just like some more information about what next? This workshop is primarily for new members of the children's service

Understanding Autism workshop

3-4pm

This is a short basic workshop which includes signposting information

Q & A session

5-6pm

Please come along and ask questions

Parent Support Group

8-9pm

This is an opportunity to meet other parents and share experiences

We will also be sharing a virtual tour of our new autism support centre in preparation for opening next month.

To take part in any of the events please contact the children's service team

Email: children@actionasd.org.uk

Office: 01282 415455

29th March - 4th April 2021

To celebrate Autism Awareness week we will be uploading useful information several topics all week. If anyone would like to send me information to share/contribute just email children@actionasd.org.uk.

www.facebook.com/groups/ActionforASD and www.facebook.com/ActionforASD

Monday 29th March	<p>Parent and Carer Support Group 1.30pm on Zoom</p> <p>Please come along to meet the team and ask questions about the service</p> <p>Share your experiences from the last 12 months</p>
Tuesday 30th March	<p>Sensory Differences</p> <ul style="list-style-type: none"> • What is sensory processing? • Strategies and ideas
Wednesday 31st March	<p>Behaviour</p> <ul style="list-style-type: none"> • What causes behaviour? • Strategies and crisis/support plans. ABC charts & the Iceberg
Thursday 1st April	<p>Education, EHCP</p> <p>We will share information around education and EHCP's as well as useful tips around struggles within the school environment</p>
Friday 2nd April	<p>Understanding and Celebrating Autism</p> <ul style="list-style-type: none"> • Information sharing for all the family. • We would like to hear your experiences & we will share information about some amazing autistic advocates
Saturday 3rd April	<p>Communication</p> <ul style="list-style-type: none"> • Strategies to try • Visual timetables & social stories
Sunday 4th April	<p>PDA (Pathological Demand Avoidance) & Anxiety</p> <p>What is PDA? How are we all coping anxiety wise? Strategies available.</p>

The children's service are available via emailing children@actionasd.org.uk or calling **07809903852**, we will be uploading information to our Facebook page and website over the next few weeks.