



Transition Group

A social group for young autistic adults 16 - 25 years

Our Group meeting takes place on a Friday 6-7pm On Zoom

This is a group for young people age 16-25 years who have a diagnosis of ASC or who are seeking a diagnosis. This group is a social communication group for young people going through the transition into adulthood and provides an opportunity to make friends, develop relationships, and increase self-esteem and confidence.

Cover topics including but not limited to:

Education/College, friendships, conversations, personal safety, social media safety and many more!

(Please contact us for a schedule of activities & discussion topics)

If you would rather book an 121 appointment please let us know.

NEW: Autism Chat 16-25 years

Once a month we will be having a group discussion session around understanding autism and different topics including neurodiversity, communication, sensory differences and anxiety.

Friday's 29th January, 26th February, 26th March, 30th April, 28th May, 25th June, 30th July, 24th September, 29th October, 26th November 2021

7.30-8.30pm

Please note that all our social groups and discussions are not taking place online via zoom or our facebook group www.facebook.com/groups/ASDTransitionGroup

For more details about the Transition Group please contact the children's service on
Mobile:- 07809903852 or email children@actionasd.org.uk

Action for ASD working in partnership with NHS Blackburn with Darwen Clinical Commissioning Group & NHS East Lancashire Clinical Commissioning Group

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