



Supporting Siblings Cygnet Course

This additional session aims to acknowledge the concerns that parents may have in relation to children with a brother or sister on the autistic spectrum. This course is for parents who have accessed the Cygnet, NAS Early Bird or Early Bird Plus programmes.

Topics will include: -

- Styles of sibling development
- Through sibling's eyes
- Through parent's eyes
- Practical strategies

When and where will the Supporting Siblings Course take Place?

Please note that all courses are currently held online via a virtual platform and courses will only run with sufficient interest.

The training will take place over two zoom sessions on the following dates & times;

Course 1: - Thursday 22nd April and 29th April **Time:** 12.30-2.30pm

Course 2: - Wednesday's 12th and 26th May **Time:** 6-8pm

Course 3: - Thursday's 17th and 24th June **Time:** 12.30-2.30pm tbc

Course 4: - Wednesday's 14th and 28th July **Time:** 6-8pm tbc

How do I apply for the Supporting Siblings Course?

If you are interested in attending the supporting sibling cygnet training, please contact the children's service on

Office Tel: - **01282 415455**

Mobile: - **07809903852** or email: - cygnet@actionasd.org.uk

Action for ASD working in partnership with NHS Blackburn with Darwen Clinical Commissioning Group & NHS East Lancashire Clinical Commissioning Group