

# Supporting Siblings 2018

## Supporting Siblings Cygnet Course

This additional session aims to acknowledge the concerns that parents may have in relation to children with a brother or sister on the autistic spectrum. This course is for parents who have accessed the Cygnet, NAS Early Bird or Early Bird Plus programmes.

Topics will include:-

- Styles of sibling development
- Through sibling's eyes
- Through parent's eyes
- Practical strategies

## When and where will the Supporting Siblings Course Take Place?

The training will take place at Action for ASD Autism Resource Centre on the following dates;

Course 1:- Friday 9<sup>th</sup> March 5-8pm

Course 2:- Wednesday 18<sup>th</sup> April 10-1pm

Course 3:- Friday 4<sup>th</sup> May 5-8pm

Course 4:- Friday 14<sup>th</sup> September 5-8pm

Course 5:- Wednesday 17<sup>th</sup> October 10-1pm

## How do I apply for the Supporting Siblings Course?

If you are interested in attending the supporting sibling cygnet training, please contact Amy Whittle on 01282 415455 opt 1 or email [children@actionasd.org.uk](mailto:children@actionasd.org.uk).

### Sibling workshops

A workshop for siblings of children with ASC.

There will be lots of fun activities to get involved in during this workshop.

- Suitable for children ages 7-11 years or 12-16 years.
- Share experiences with others
- Learn more about autism
- Fun games and activities
- £4.50 per child

*Ages 12-16 years*

*Friday 23<sup>rd</sup> Mar 5-7.30pm*

*Friday 18<sup>th</sup> May 5-7.30pm*

*Friday 20<sup>th</sup> July 5-7.30pm*

*Friday 18<sup>th</sup> Oct 5-7.30pm*

*Ages 7-11 years*

*Friday 20<sup>th</sup> April 5-7pm*

*Friday 22<sup>nd</sup> June 5-7pm*

*Friday 21<sup>st</sup> Sept 5-7pm*

*Friday 23<sup>rd</sup> Nov 5-7pm*